

### *Current Area Plan Language*

#### Prioritization of Discretionary Funding

A small amount of SDS' budget is considered flexible spending or discretionary. Title III-B discretionary funds refer to money available after meeting the minimum Title III-B expenditure requirements. SDS engages in fundraising and grant writing, along with collaborating in community partnerships to maximize discretionary funding. Due to continuous declines in federal funding for programs, it is paramount that SDS develop strong partnerships in the Region to leverage limited resources go as far as possible toward serving those in need of assistance.

Prioritization of discretionary funding and fundraising is led by a basic philosophy that SDS emphasize services for those most vulnerable in our Region. In addition, input from Advisory Councils, consumers, and staff is critical to determining this prioritization.

DSAC and SSAC provided direct input on determining the priorities for discretionary spending. Discretionary spending priorities were set as follows:

1. *Meals on Wheels (MOW)*: current service level along with restoration of frozen meals on weekends
2. Behavioral/Mental health supports
3. Information and Assistance/Options counseling
4. Family Caregiver Support Program (FCSP): respite, supplemental services, and training for caregivers
5. Care Transitions: Hospital to Home Program (H2H) - A complete description of this program has been included in Section C-4.
6. Expansion of the Money Management Program

#### Title III-B: Support Services and AAA Administration

The list below illustrates areas in which Title III-B funding is currently allocated and the percentage of the funding allocated to each area.

7. Administration and Program Coordination – 10%
8. Advocacy – 3%
9. Legal services – 10%
10. In-Home services – 9%

1. Personal care and chore services
  2. Respite
  3. Adult day care
  4. Home repair and modification
  5. Case monitoring
  6. Coordination of in-home volunteers
11. Access services – 68%
1. Information and assistance
  2. Screening
  3. Case management
  4. Interpreting/translation services
  5. Newsletter
  6. Information for caregivers of elderly and those serving children
  7. Assistance in gaining access to caregiver services
  8. Public outreach/education
  9. Transportation and assisted transportation
  10. Geriatric assessment
  11. Telephone reassurance
  12. Friendly visiting

#### Other III-B Services

12. Counseling
13. Options Counseling
14. Registered Nurse services
15. Money Management Program\*
16. Public Outreach

\*SDS has a *Money Management Program* that serves our tri-county Region offering a free *Bill Pay Assistance Program*. The program matches trained volunteers with residents to assist with the organization of bills, bank statements, and reconciling

accounts with a representative payee program where Money Management staff pay bills, balance checkbooks, and provide and manage personal incidental funds. We can also complete paperwork for residents and submit the annual representative payee reports required by the U.S. Social Security Administration (SSA).

### Title III-C: Nutrition Services

Title III-C allows for the provision of both home-delivered meals and congregate dining opportunities throughout the entire Region, as well as the expertise of a dietician, compliance with dietary guidelines, and nutrition education.

C-1: AAA Administration and Congregate Meals  
C-2: AAA Administration and *Meals on Wheels*

The *Meals on Wheels (MOW)* program, especially home delivered meals, is a high priority for the Region. Historically, the primary funding source for MOWs has been the OAA. However, given that this has been a relatively flat or declining funding source for more than ten years, the program must attract other funding sources in order to sustain at its current level into the future.

These local funds include grants and donations from the community. A resource development plan has been developed with the goal of closing a historical budget gap by July 1, 2018. The development plan includes expansion of individual donations, greatly expanding business sponsorships, and increasing support from governmental jurisdictions across the Region.

### Title III-D: Health Promotion and Disease Prevention

The list below illustrates areas in which Title III-D funding is currently allocated:

17. Prescription medication education
18. Information and counseling related to Medicare Part D
19. Evidence based programs:
  1. Care Transitions Intervention, Hospital to Home (H2H)
  2. Powerful Tools
  3. Program to Encourage Active and Rewarding Lives (PEARLS) – mental health program

Care Transitions Intervention and H2H is a priority for OCWCOG. These programs are funded by Title III-D funds, in cooperation with a grant from the Samaritan Health Services Foundation.

### Title III-E-Family Caregiver Support Services and AAA Administration

The list below illustrates areas in which Title III-E funding is currently allocated:

1. Information and assistance to family caregivers (including grandparents raising grandchildren)
2. Counseling and organization of support groups
3. Respite
4. Supplemental services

SDS prioritizes these services and works collaboratively with community partners to co-sponsor training and workshops for caregivers. SDS has secured grant funds to expand respite services for family caregivers in our Region over the last year and will continue to seek additional funds.

### Title VII-A: Elder Abuse Prevention

The list below illustrates areas in which Title VII-A funding is currently allocated:

5. Co-organizer of local Multidisciplinary Teams (MDT) and Vulnerable Adult Services Teams (VAST), which meet monthly in all three counties
6. Media campaign on elder abuse awareness
7. Co-sponsorship of events with community partners about elder abuse prevention

In cooperation with the DSAC and SSAC, SDS will develop media outreach with a theme toward increased community awareness of adult abuse in our communities.